

OPERATING & SAFETY GUIDE

MICROWAVE

GENERAL SAFETY

Contact us for information and advice on the suitability and safety of this type of equipment.

There is a risk of injury if you do not follow the instructions printed in this guide.

This equipment should only be used by a competent adult who has read and understood these instructions. Anyone with a temporary or permanent disability should seek expert advice before using the equipment.

Keep all children, animals and bystanders away from the work area. Ensure the floor of the work area is free from trip hazards and non-slip. Never use the equipment if you are ill, tired or under the influence of alcohol or drugs.

Never operate electrical switches with wet hands. Always switch off and unplug the equipment from the power supply before moving or cleaning. Check the equipment before use, if it shows signs of damage request a replacement.

ELECTRICAL SAFETY

The equipment is designed to plug directly into a standard 240volt, 13 amp socket. Make sure the equipment and power socket are switched off before plugging into the power supply.

If the equipment fails to operate or the power cable or plug become damaged, contact us. Do not try to repair it yourself.

Keep the power cable out of harm's way. Extension leads should be unwound fully, never run them through water, over sharp objects or where they may be a trip hazard.

Use a suitable RCD (Residual Current Operated Device) to reduce the risk of electric shock.

OPERATING GUIDE

Position the unit where it is to be used and ensure that it is level and away from heat sources such as radiators or fires and also, away from extreme cold. Allow at least 10cms of space all around the oven and 30cms above to allow warm air to escape via the vents during cooking.

Plug the oven into a 13 amp electrical socket.

Place the turntable ring inside the oven and put the turntable on top of the ring ensuring it locates securely. The turntable and ring must always be used during cooking.

Choose the power level that you want to cook with by pressing the Power Level button.

Once the desired power is selected, key in the cooking time required using the numbered keypad.

Press Start.

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Note: Outer areas of food are heated by microwave energy and remaining portions by conduction. It is, therefore, important to turn, re-arrange or stir food to ensure even heating. Where recommended, allow food to stand, this is not optional but necessary to ensure thorough cooking and is particularly important for dense food such as joints of meat.

Metallic dishes are not suitable for microwaving.

CLEANING

Switch off and unplug the unit.

Do not use sharp objects, metal scrapers, wire brushes or wire wool pads as they can scratch the steel.

Do not use bleach or any corrosive detergent as they will damage the surface of the unit.

Do not allow corrosive foodstuffs such as fruit juices, vinegar, mustards, pickles, etc., to remain on stainless steel for long periods. Wash and rinse away.

After cleaning with a mild detergent, always remove any residue with a damp cloth and wipe dry.